# POSTGRADUATE PROSPECTUS HEALTH AND SOCIAL SERVICES

Masters • Postgraduate Diploma • Postgraduate Certificate





# POSTGRADUATE QUALIFICATIONS

#### WelTec and Whitireia offer you the choice of postgraduate qualifications in Nursing, Health and Social Practice:

- > Master of Professional Practice (with optional endorsement in Education or Leadership)
- > Postgraduate Diploma in Professional Practice
- > Postgraduate Certificate in Professional Practice
- > Postgraduate Certificate in Nursing (Mental Health)
- > Postgraduate Certificate in Primary Health Care Specialty Nursing (Well Child / Tamariki Ora)
- Postgraduate Certificate in Specialty Care (with endorsements in Advanced Paramedic Practice, Paramedic Community Care, Pacific Health Leadership, Palliative Care, Perioperative Nursing, Forensic Practice, or Primary Mental Health)
- > Postgraduate Diploma in Specialty Care

The nursing and professional practice suite of programmes offered by Whitireia and WelTec provide a framework for health and social practice professionals to advance their practice, scholarship and professional capabilities. Evidencebased practice, working with diversity, interprofessional practice and leadership development are particular foci.

Our qualifications offer you the opportunity to recalibrate your thinking, advance your practice and advance your career by choosing courses that are relevant to your own professional context. The School of Health and Social Services has clear credit recognition processes and welcomes graduates from other institutions into its postgraduate programmes.

Successful graduates may staircase into higher qualifications at Whitireia or WelTec or apply to credit their postgraduate courses or programmes toward Masters study at other providers nationally.

## WHAT QUALIFICATIONS ARE AVAILABLE?

We offer a range of nursing and professional qualifications from postgraduate certificate to master's degree. Students choose the programme that meets their professional development needs. Postgraduate Certificate graduates will have advanced knowledge about a specialist field of enquiry or professional practice.

Postgraduate Diploma graduates will have advanced knowledge about a specialist field of enquiry or professional practice and be able to engage in rigorous analysis, critique and problem solving.

A graduate of a Master's Degree will have advanced knowledge for a specialist field of enquiry or professional practice, will critically evaluate the literature, analyse and apply knowledge to new situations, engage in rigorous intellectual analysis and problem solving and engage in research.

#### WHY CHOOSE WHITIREIA - WELTEC FOR POSTGRADUATE STUDIES?

We value the skills and experience people bring to their study and offer clinically/industry focused postgraduate programmes that will build on your existing knowledge and challenge your thinking in a uniquely supportive manner. Our philosophy enables students to advance their knowledge by undertaking advanced professional study that respects the needs of the individual learner. We have a reputation for encouraging and supporting students to succeed.

The postgraduate studies team are all highly experienced educators that are well connected to national service providers and networks. They have a clear understanding of the health and social service workforce, along with the need to support critical reflection that leads to the advancement of professional practice.

Cultural safety is integral to our educational and clinical practices and promotes the student to reflect, analyse and draw on their practice reality in diverse professional and practice contexts. Critical reflection offers the opportunity for insight and advancement of professional practice. Our postgraduate programmes aspire to provide equitable opportunities for development of skill enhancement, leadership capacity and expertise, and culturally responsive practice.

#### **BLENDED LEARNING METHODS**

Programmes are delivered via blended learning, a mix of face-to-face and online delivery which provides increased flexibility so you can achieve a study/ work/life blend.

#### **STUDENT SUPPORT**

We offer a range of services to meet individual learning needs. Our designated distance librarian is available to support you through your study.

#### **CREDIT RECOGNITION**

You can apply to have previous educational qualifications recognised as prior learning.

#### FOR MORE INFORMATION

Contact us to find out about any of our programmes, in particular entry requirements, fees or start dates. You will find all this information on our websites too.



# **PROFESSIONAL PRACTICE**

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# **SPECIALTY PROGRAMMES**

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### Postgraduate Certificate in Professional Practice

Level	8	Duration	17 weeks, full-time Up to two years, part-time
Start	March, July	Location	Porirua

This programme will extend your ability to work effectively in interprofessional teams and with enhanced leadership skills for the provision of quality services to diverse people and communities. Successful graduates may also gain credits towards Masters studies.

#### **PROGRAMME INFORMATION**

The Postgraduate Certificate in Professional Practice is a 60 credit programme in which you choose your own electives.

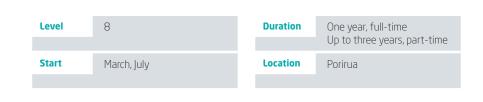
#### ENTRY REQUIREMENTS

- Domestic: Bachelor's degree or equivalent experience.
- International: IELTS 7.0 Academic, with no band below 6.5; or equivalent.
- Special entry may be granted to an applicant with the approval of the Head of School.



Choose 60 credits from the courses below	
Level 8	Credits
Advancing Professional Practice	30
Clinical Topic	15
Diversity in Professional Practice	30
Professional Education Practice	30
Professional Leadership Practice	30
Research Methods for Health and Social Practice	30
Simulation Practice	15
Special Topic	15
Special Topic	30

# Postgraduate Diploma in Professional Practice





This programme will enable you to gain specialised knowledge and leadership skills to work effectively in interprofessional teams for the provision of quality services to diverse people and communities. Successful graduates may also gain credits towards Masters studies.

#### **PROGRAMME INFORMATION**

The Postgraduate Diploma in Professional Practice is a 120 credit programme in which you complete a compulsory course (Research Methods for Health and Social Practice) and a further 90 credits from the electives below.

#### **ENTRY REQUIREMENTS**

- Domestic: Bachelor's degree or equivalent experience.
- International: IELTS 7.0 Academic, with no band below 6.5; or equivalent.
- Special entry may be granted to an applicant subject to Head of School approval.

Compulsory	
Level 8	Credits
Research Methods for Health and Social Practice	30

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Choose 90 credits from the courses below		
Level 8	Credits	
Advancing Professional Practice	30	
Clinical Topic	15	
Diversity in Professional Practice	30	
Professional Education Practice	30	
Professional Leadership Practice	30	
Simulation Practice	15	
Special Topic	15	
Special Topic	30	

## Master of **Professional Practice**

Level	9	Duration	18 months, full-time Up to five years, part-time	
Start	March, July	Location	Porirua	
at an advance work with dive of interprofess of quality serv <b>PROGRAM</b> The Master of credit, Level 9 to complete vi or a research p in Research Ma	<b>ME INFORMATION</b> Professional Practice is a 180 qualification. You can choose ia one of two pathways: a thesis project. A 'B' grade or above ethods for Health and Social uired to progress into the	<ul> <li>Domestic: equivalent 7, and evic related pro</li> <li>Internation with no base</li> </ul>		<ul> <li>Special entry may be granted to an applicant who does not meet all entry criteria; provided the Head of School is satisfied the applicant is capable of undertaking the programme of study.</li> </ul>
Compulsory			Compulsory	
Level 9		Credits	Level 9	Credits
Praxis Res	search Project	45	Thesis	90

Level 8	Credits
Advancing Professional Practice	30
Research Methods for Health and Social Practice	30

#### Choose 75 credits from the courses below

Compulsory	
Level 9	Credit
Thesis	90

Level 8	Credits
Advancing Professional Practice	30
Research Methods for Health and Social Practice	30

Choose 30 credits from the courses below

Clinical Topic	15
Diversity in Professional Practice	30
Professional Education Practice	30
Professional Leadership Practice	30
Simulation Practice	15
Special Topic	15
Special Topic	30

# Master's Endorsements

### The Master of Professional Practice may be completed with an optional endorsement in either education or leadership.

#### **EDUCATION ENDORSEMENT**

To achieve an endorsement in education you must undertake a programme of study that comprises a minimum of 75 credits focused on education, including the Level 8 course Professional Education Practice and either the Level 9 Thesis or Praxis Research Project with an education focus.

#### LEADERSHIP ENDORSEMENT

To achieve an endorsement in leadership you must undertake a programme of study that comprises a minimum of 75 credits focused on leadership, including the Level 8 course Professional Leadership Practice and either the Level 9 Thesis or Praxis Research Project with a leadership focus.

Credits

90

Credits

30

30

#### Master of Professional Practice EDUCATION ENDORSEMENT



#### Master of Professional Practice LEADERSHIP ENDORSEMENT

### Research Project Pathway

OR **180 credits** 

### Thesis Pathway

Compulsory	
Level 9	Credits
Praxis Research Project	45
Level 8	Credits
Professional Leadership Practice	30
Research Methods for Health and Social Practice	30
Choose 75 credits at Level 8 from electives	

### **180 credits**

Compulsory	
Level 9	Credits
Thesis	90

Level 8	Credits
Professional Leadership Practice	30
Research Methods for Health and Social Practice	30

Choose 30 credits at Level 8 from electives

# Professional Practice Course Information

### LEVEL 9

#### Praxis Research Project 45 credits

Apply skills acquired during the study programme to solve a problem or problems. Learn how to plan, execute, and complete a research project by demonstrating advanced knowledge in a field of professional practice.

#### Thesis

#### 90 credits

Learn how to plan, execute and complete an original research project in the form of a thesis by demonstrating advanced knowledge in a field of professional practice.

#### **LEVEL 8**

#### Advancing Professional Practice

#### 30 credits

Engage in professional dialogue in an interprofessional environment to analyse the theoretical constructs of professionalism, and provide evidence based solutions and strategies for working in complex contemporary work and service delivery environments.

#### Clinical Topic 15 credits

Develop an advanced understanding of specialist clinical practice and related issues. Demonstrate praxis by articulating the relationships between theory and clinical, including ethical considerations.

#### Diversity in Professional Practice

#### 30 credits

Explore cultural, individual, family, community diversity in New Zealand, from a professional practice perspective. This course explores the theory and practice of inclusion at organisational, managerial, leadership, team work group levels, supervision and consultation.

#### Professional Education Practice

#### 30 credits

Examine your learning and teaching practice against contemporary theory and pedagogy, with a focus on the interprofessional context. Demonstrate capability and leadership in education practice, utilising contemporary pedagogy and an understanding of working with diversity.

### Professional Leadership Practice 30 credits

Examine your skills, knowledge and practice and the ability to lead self and others in professional, interprofessional and organisational settings. Demonstrate capability in leadership in the professional context based on contemporary theory and practice.

#### **Research Methods for Health and Social Practice** 30 credits

Explore the theoretical foundations of knowledge and research within the context of your professional practice. This course is designed to provide a practical experience of designing a research project in preparation for a Masters thesis or research project.

### Simulation Practice

#### 15 credits

Examine contemporary evidence based approaches to simulation and its use in professional practice, including clinical education. Explore the pedagogy of simulation practice and strategies for its use in an interprofessional environment.

#### Special Topic I 15 credits

Advance your praxis in relation to a particular area of professional interest. Critically examine a chosen topic, draw conclusions and disseminate findings.

#### **Special Topic II** 30 credits

Examine a particular topic or issue related to your professional practice. Analyse the topic, including the socio-political environment, diversity, and interprofessional practice using current research, and disseminate findings in a professional forum.

## Postgraduate Certificate in Nursing

Level	8	Duration	1 year – Mental Health and Change of Scope strands
Start	February		
		Location	Please contact us



For registered nurses wanting to extend their knowledge in a clinically-focused programme. Taught tutorial days are supported by online learning. Graduates may also gain credits towards Masters study.

#### **PROGRAMME INFORMATION**

Mental Health and Addiction Strand (including change of scope of practice)

This programme is offered to registered nurses in their first year of practice in mental health and addiction settings or registered general or psychopeadic nurses wanting to change their scope of practice to include mental health nursing. Te Pou funding is available for nurses employed in a Ministry of Health funded mental health service for a minimum of 0.7 FTE per week.

#### **ENTRY REQUIREMENTS**

 Domestic: Registered Nurse with a current New Zealand practising certificate, Bachelor Degree (or equivalent), currently employed in a relevant clinical setting. Change of scope strand only: nurses must have approval from Nursing Council of New Zealand to undertake this study.

• International: IELTS 7.0 in each band.

# Mental Health or Change of Scope Strand **120 credits**

Compulsory	
Level 8	Credits
HSC8316: Contemporary Mental Health and Addiction Nursing Explore the philosophical and theoretical underpinnings of contemporary mental health and addictions practice within New Zealand, as well as exploring the socio-political and professional issues influencing mental health and addiction, and how these issues relate to clinical practice.	60
HCS8326: Professional Practice in Mental Health and Addiction Nursing This course will provide you with supported entry into specialty mental health and addiction nursing, through the development of confidence and competence within the professional practice setting.	60

# Postgraduate Certificate in Primary Health Care Specialty Nursing

Level	8	Duration	1-2 years
Start	March, July	Location	Please contact us

For registered nurses working in community and primary health, wanting to extend their knowledge in a clinically-focused Well Child / Tamariki Ora programme. Taught tutorial days are supported by online learning. Graduates may also gain credits towards Masters study.

#### **PROGRAMME INFORMATION**

This programme enhances your practice and supports you to gain further knowledge and skills that reflect your specialty practice area.

Well Child/Tamariki Ora is delivered in partnership with the Royal New Zealand Plunket Trust.

#### **ENTRY REQUIREMENTS**

- Domestic: Registered nurse with current New Zealand practising certificate, Bachelor Degree or equivalent; and relevant clinical employment for a minimum of two days (15 hrs) per week.
- International: IELTS 7.0 in each band.



Compulsory	
Level 8	Credits
HSC8501: Primary Health Care and Health Promotion	60
This course covers the social determinants of health, community assessment, whānau ora, Pacific child and family health, cultural components of nursing care, health promotion and health literacy and community and primary health care.	
HSC8504: Praxis in the Community Setting (Tamariki Ora / Well Child)	60
This course covers quality improvement, evaluating nursing practice, reflective practice, safeguards and clinical risk, whānau health and wellbeing, reducing family violence, clinical leadership and peer reciprocal supervision.	

# Postgraduate Certificate in Specialty Care

With endorsements in: Advanced Paramedic Practice, Paramedic Community Care, Pacific Health Leadership, Palliative Care, Perioperative Nursing, Forensic Practice, or Primary Mental Health

Start March Location Porirua Christchurch (Perioperative only)	Level	8	Duration	1-2 years
	Start	March	Location	Christchurch



For registered health professionals to develop specialty knowledge, in relation to their role and the area of health they are employed in. This clinically focused programme has taught tutorial days that are supported by online learning. Graduates may also gain credits towards masters study.

#### **PROGRAMME INFORMATION**

This 90 credit two course qualification offers a range of courses which allows for a programme of study that best meets your needs and reflects current and developing research-based practice in relation to health care delivery.

#### **ENTRY REQUIREMENTS**

- Domestic: Registered health professional/ counsellor, NZ practising certificate (or equivalent), Bachelor degree (or equivalent) and employed in a relevant clinical service for a minimum of three days (22.5 hours) per week.
- International: IELTS 7.0 (no band lower than 7.0) or equivalent.

#### **ENDORSEMENTS:**

Advanced Paramedic Practice	
HSC8607: Advanced Paramedic Practice 1 45 credits	HSC8608: Advanced Paramedic Practice 2 45 credits
Paramedic Community Care	
HSC8614: Urgent Community Care Practice 1 45 credits	HSC8615: Urgent Community Care Practice 2 45 credits
Pacific Health Leadership	
HSC8611: Pacific Health 45 credits	HSC8602: Clinical Leadership 45 credits
Palliative Care	
HSC8701: The Foundation of Palliative Care <b>45 credits</b>	HSC8702: Praxis in Palliative Care 45 credits
Perioperative Care	
HSC8703: The Foundations of Specialty Nursing 45 credits	HSC8704: Praxis in Perioperative Specialty Nursing <b>45 credits</b>
Forensic Practice	
HSC8603: Forensic Practice 45 credits	HSC8602: Clinical Leadership 45 credits
Primary Mental Health Care	
HSC8605: Primary Mental Health Care <b>45 credits</b>	HSC8602: Clinical Leadership 45 credits

Programmes and details may change. Please check the relevant website or contact us for the latest information.

#### HSC8607: Advanced Paramedic Practice 1 45 credits

This course offers Intermediate Life Support (ILS) Paramedics (or equivalent) the opportunity to develop skills and knowledge at Advanced Life Support (ALS) Levels. The purpose is to expand your ability to relate key concepts of advanced airway care and advanced management of a range of medical conditions to pre-hospital emergency care. You will critically analyse your practice in your own clinical setting to develop the ability to provide patient care that is clinically and professionally appropriate to that setting. A strong focus of the course is on the development of clinical leadership through research and scholarship.

#### HSC8608: Advanced Paramedic Practice 2

#### 45 credits

This course offers Intermediate Life Support (ILS) Paramedics (or equivalent) the opportunity to develop skills and knowledge at Advanced Life Support (ALS) Levels. This course will expand your ability to relate key concepts of resuscitation and advanced management of cardiac and trauma conditions to pre-hospital emergency care. You will critically analyse your practice in your own clinical setting to develop the ability to provide patient care that is clinically and professionally appropriate to that setting. A strong focus of the course is on the development of clinical leadership through research and scholarship.

#### HSC8614: Urgent Community Care Practice 1 45 credits

In this course you will explore models and components of the evaluation of patient need in the urgent community health care setting. The purpose is to expand and enhance your range of initial presentation assessment and diagnostic skills, and develop an understanding of contextualised models of urgent community health care and their evidence base. You will critically analyse your practice in your own clinical setting to develop the ability to evaluate patient need that is clinically and professionally appropriate to that setting.

### HSC8615: Urgent Community Care Practice 2

#### 45 credits

In this course you will explore models and components of clinical judgment and referral in the urgent community health care setting. Clinically, the purpose is to expand and enhance your range of initial presentation management and referral skills. Conceptually, you will relate developments in urgent community health care and evidenced based practice to their communities. You will critically analyse your practice in your own clinical setting to develop the ability to manage and refer that is clinically and professionally appropriate to that setting.

### HSC8611: Pacific Health 45 credits

In this course you will explore the concepts of specialty knowledge and understanding of Pacific healthcare within a holistic framework. The purpose is to expand your ability to relate key concepts of Pacific health care and evidenced based practice to your communities. You will explore your own understanding of self and others and the impact that they can make to the health outcomes for Pacific peoples within the New Zealand context.

#### HSC8602: Clinical Leadership 45 credits

In this course you will explore the concepts of quality assurance and evidence-based practice. These will then be examined against current standards of practice within your area of employment. This course also assists you to develop your potential to become clinical leaders within a workforce with increased specialty knowledge of health care.

### HSC8701: The Foundation of Palliative Care

This course provides foundation knowledge and understanding of palliative care within a holistic framework and will enable you to extend your knowledge in relation to the care of the patient, family and whānau living with a terminal illness. It introduces you to relevant theory, research and critical reflection that is deemed essential to palliative care practice. You will explore your understanding of self and others across the lifespan and the impact that an advanced cancer or other terminal illness may have on the patient, family and whānau, both during the patient's illness and/or during bereavement.

#### HSC8702: Praxis in Palliative Care 45 credits

This course develops praxis as you apply theory, research and critical reflection to palliative care provision across a variety of settings. Quality improvement and evidence-based practice within your own work environment will be examined against palliative care standards and policy. This course also supports you to examine your contribution to inter-professional practice and clinical leadership.

# HSC8703: The Foundations of Specialty Nursing

#### 45 credits

Extend your knowledge and skills to assess and manage clinical situations in the context of increasing complexity in acute care and perioperative practice. Normal physiology, pathological processes, the impact of surgical interventions and an individual's response, including the adaptation to chronic health issues, are explored. There is a focus on evidence-based practice as the foundation for high quality service delivery in response to patients' clinical needs and to provide support for patients and their family/whānau. Exploring the contribution of research to practice and the use of critical reflection further develop professional expertise, competency and valid knowledge.

#### HSC8704: Praxis in Perioperative Specialty Nursing 45 credits

Demonstrate advancing practice knowledge and skill in perioperative nursing. By focusing on the perioperative period, this course is designed to extend your assessment skills for enhanced clinical judgment in recognising deviations from normal and managing complications of acute medical/ surgical interventions as well as providing client centered care beyond routine practice, embracing the increasing complexity consistent with contemporary practice. The content further develops praxis through the utilisation of research, quality improvement and clinical leadership.

#### HSC8603: Forensic Practice 45 credits

This course will provide you with the opportunity to critically examine forensic practice, holistic assessment, resiliency and leadership. You will develop the skills and knowledge to work with people who present to mental health and criminal justice services. This will expand your ability to relate the complexities of mental health and addictions with prevention, early intervention, responsivity and desistance.

### HSC8605: Primary Mental Health Care

#### 45 credits

This course offers you specialty knowledge and understanding of primary mental health care within a holistic framework. The purpose is to expand your ability to relate models of care and key concepts of recovery focused mental health care to your primary care setting, while developing advanced assessment and decision making skills. You will explore your own understanding of self and others, and inter-sectorial care, and the impact that they make on the health outcomes of people experiencing mental illness in primary health care.

# Postgraduate Diploma in Specialty Care

Level	8	Duration	1-3 years
Start	March	Location	Please contact us



For registered health professionals wanting to extend their knowledge, advance their professional practice and develop enhanced leadership abilities to better meet the needs of populations within the Aotearoa New Zealand context.

We are currently only offering the Pacific Health and Nursing strand in partnership with Aniva.

#### **ENTRY REQUIREMENTS**

 Domestic: Bachelors Degree or equivalent; Registered nurse or allied health professional; currently employed for a minimum of three days a week within the specialty area.

• International: IELTS 7.0 in all bands.

Compulsory	
Level 8	
HSC8620 Clinical Leadership 1 <b>OR</b> HSC8621 Specialty Practice	
Plus 90 credits as follows	
Level 8	Credits
	Credits
Pacific Health and Nursing endorsement:	Credits
	30
Pacific Health and Nursing endorsement:	

### CPD@Whitireia

CPD@Whitireia (Continuing Professional Development) offers a range of workshops and online courses which allow nurses and health professionals to further develop their knowledge and skills to meet their individual continuing professional development needs.

#### ONLINE

Our online education portal offers a range of courses that use interactive assessment, audio, text, animation and video to support ongoing professional learning allowing you to complete them anytime, anywhere, and at your own pace.

#### COURSES ON OFFER

- Academic Skills
- Asthma and COPD Fundamentals
   eLearning Series
- Clinical Assessment in Teaching and Learning
- Cultural Safety for Health Professionals
- Management of Sepsis
- Professional Supervision
- A range of course for those working in Aged Care
- Specific Workplace relations courses
- Health and Safety courses

#### Workforce Development

We have the expertise and experience to develop and deliver CPD courses tailored to suit the needs of your organisation.

All courses are evaluated and informed by the Kirkpatrick Model, in order to ensure that courses match the needs of participants, endusers and stakeholders.

If you are interested in undertaking a training analysis or developing online CPD courses for your organisation, please contact us.



#### **Types of supervision**



Online CPD courses are available via CPD@whitireia.ac.nz

#### BENEFITS

- Hours of learning contributes to your required professional development hours
- Access to a wide range of topics and resources
- Offers flexibility to student to work at their own time and pace
- Online courses can be accessed 24 hours
   a day, every day
- No additional costs for transportation, accommodation etc.



www.whitireia.ac.nz 0800 944 847 information@whitireia.ac.nz

### Weitec Te Whare Wānanga o te Awakairangi

www.weltec.ac.nz 0800 935 832 information@weltec.ac.nz

#### Disclaimer

The information contained in this brochure describes the programmes and the courses we intend to offer. The information is correct at the time of printing (August 2020). Please note that programmes and courses are subject to change.